



**November** – National Family Caregivers Month

**Seminar Follow-up Resources** – Compassionate Caregiving: Honoring Humanity Through End-of-Life Planning

**Slide Deck** - [PowerPoint Presentation \(nfp.com\)](http://nfp.com)

**Seminar Recording** - [Compassionate Caregiving 11.14 Recording](#)

**Free Resource Page** - [Free Resource Page - Doulagivers](#)

**ENDWELL Grief Guide** - [Griever - Guide - End Well \(endwellproject.org\)](#)

**Cake Grief Resources** - [List of 11 Free Grief Resources for Adults and Children | Cake Blog \(joincake.com\)](#)

**The Center for Grief Recovery** - [Grief Recovery Resources | The Center for Grief Recovery \(griefcounselor.org\)](#)

**Need Help Dealing with Grief?** - [Need Help Dealing with Grief? - GriefShare](#)

**How To Get Through the Holidays When You're Grieving** - [How to Get Through the Holidays When You're Grieving | SELF](#)