

Wise & Well Webinar Follow-up Resources

Hormonal Health for Lifelong Vitality



Thank you for joining us for our recent Wise & Well webinar, Hormonal Health for Lifelong Vitality.

- [Webinar Recording](#)
- [Slide Deck](#)
- [HRCI Certificate](#)

Presenter Information

- Dr. Fahimeh Sasan, Founding Physician & Chief Innovation Officer, [Kindbody](#)
- Dr. Joshua Halpern, Regional Medical Director and Chief Scientific Officer, [Posterity Health](#)

Resources

- [Perimenopause and Menopause Toolkit](#)
- [Men's Health Toolkit](#)

